



# 5K Walk & Run and One-Mile Walk

benefiting the Caring Club House

## Saturday, June 10, 2017

### Early Bird Discount!

Pre-registration by May 26th is encouraged to receive a shirt on race day!

\$20 registration fee before June 2nd

\$25 registration fee after June 2nd

Children age 10 and under are free.

### Check In 7:00-7:45 a.m.— Required

Please report to the Prairie Lakes Hospital Cafeteria via the **West Outside Entrance** doors.

### Event starts at 8 a.m.

Runners and walkers of all ages are welcome. Please, no pets, roller blades, bicycles, etc. Proceeds benefit the Prairie Lakes Caring Club House. Questions? Call 882-7908.

All participants who register by May 26th will receive a t-shirt at the event. Those who register after May 26th will receive a t-shirt certificate.

Your donation of a non-perishable item for the Caring Club House is appreciated!



**PRAIRIE LAKES**  
Healthcare Foundation

Please print or type all information. Return by mail or bring to Prairie Lakes Hospital. Entry form must be complete or it will be invalid. You may use photocopies of this form. One participant per entry form. **Please include the \$20 registration fee per participant. After June 2nd, registration fee is \$25.** Checks may be made to: Hospital Hill Run.

Name: \_\_\_\_\_

Event (choose one):

Gender:

5K Run 5K Walk 1-Mile Walk

Male Female

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Runners only, select your age group:

10 & Under 11-13 14-17 18-21 22-25

Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

26-29 30-39 40-49 50-59 60+

### T-Shirt (choose one):

Men:

Women:

Youth: Large

Mail to: **Jessi Eidson**  
Prairie Lakes Hospital  
PO Box 1210  
Watertown, SD 57201

Drop entry off at:  
Prairie Lakes Hospital  
Switchboard Desk in Lobby  
401 9<sup>th</sup> Ave. NW

### WAIVER OF RESPONSIBILITY:

I hereby release the sponsors and organizers of this event from any liability for injuries suffered by me as a result of my participation in this event and waive any claim I might have against the sponsors and organizers for damages arising out of, or in any way relating to my participation in the event.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Guardian's Signature (if entrant is under 18)